

# MONDAY \* MONDAY \* MONDAY



- WEEK 1: ALL ABOUT ME—MPLS KIDS SCRAPBOOK I**  
Find pictures/words to create a collage of everything that represents you!
- WEEK 2: ALL ABOUT ME—MPLS KIDS SCRAPBOOK II**  
Continue working on scrapbook page and add the finished product to our book
- WEEK 3: ARTISTIC CONCEPTS**  
Research themes and concepts to base your creation on—  
Self esteem, friendship, etc. Select a medium: Photo Collage, Mini Scrapbook, 3-D Photo Box, etc.
- WEEK 4: BEGIN ARTIST'S PROJECT**  
Using the theme and medium selected, begin creating your project
- WEEK 5: ARTIST'S PROJECT CONTINUED**  
Continue working on your Artist's Project, utilizing newly learned scrapbooking techniques
- WEEK 6: ARTIST STATEMENT**  
Learn what an Artist Statement is and make your own to explain and compliment your final piece
- WEEK 7: COMPLETION DAY**  
Finish Artist's Projects and Artist Statements
- WEEK 8: SHOWCASE EVENT!**

# SIGN UP

## MONDAYS

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TUESDAY \* TUESDAY \* TUESDAY \*



# HEALTHY KIDS

- WEEK 1: HEALTHY vs UNHEALTHY**  
Learn about the food pyramid and alkaline vs. acidic foods—Guess & sample the most healthy food in the world!
- WEEK 2: EXCERSIZES**  
Try a variety of exercises: jumping rope, hula hooping, shuttle runs, tire hops and more!
- WEEK 3: HEALTHY SNACK: VEGGIE PIZZAS**  
Made with crescent rolls, cream cheese and veggies
- WEEK 4: ZUMBA!**  
Ever wanted to try zumba? Here's your chance—Cardio workout to the music of hip hop!
- WEEK 5: FUN with HERBS**  
Learn all about healing herbs and make herbal tea from scratch!
- WEEK 6: WASHBURN FITNESS ROOM**  
Walk to Washburn High School to tour and try out their fitness center
- WEEK 7: MUFFIN WARS!**  
A play on “Cupcake Wars,” we will compete in teams to create the best muffin recipe, based on taste, decoration and display!
- WEEK 8: SHOWCASE EVENT!**

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## TUESDAYS

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- WEEK 1: ORIGAMI STAR WARS**  
Make paper Star Wars characters
- WEEK 2: STAR WARS TRIVIA**  
Test your knowledge of the force with movie trivia
- WEEK 3: CHEWBACCA SOCK PUPPETS**  
Make your own laughable fuzz ball
- WEEK 4: DARK SIDE-LIGHT SIDE COOKIES**  
Chocolate Dipped sugar cookies in fun Star Wars shapes
- WEEK 5: POOL NOODLE LIGHT SABERS**  
Create your own colorful light saber!
- WEEK 6: FENCING CLASS: LIVE ACTION SITH vs. JEDI**  
Master the art of light sabers in a duel
- WEEK 7: CARDBOARD POD-RACERS**  
Design and create your own pod-racer and race around the school!
- WEEK 8: SHOWCASE EVENT: JEDI GRADUATION!**

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## WEDNESDAYS

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**THURSDAY \* THURSDAY \* THURSDAY \***



- WEEK 1: FRENCH ART**  
Study famous French artists and paint your own Master piece!
- WEEK 2: FRENCH COOKING**  
Learn about Julia Child and make a French recipe
- WEEK 3: FRENCH HISTORY**  
Capture the Flag—Napoleon Style!
- WEEK 4: THE EIFFEL TOWER**  
Who can build the tallest, sturdiest structure using tooth picks and marshmallows?
- WEEK 5: FRENCH MUSIC & LANGUAGE**  
Listen to popular French songs as well as learn some popular phrases: “Parlez-vous francais?”
- WEEK 6: FRENCH FAIRY TALES**  
Read “Cinderella,” written by Charles Perault and write your own fairy tale
- WEEK 7: FRENCH MASQUERADE BALL!**  
Design a mask to wear to the ball & dance the night away
- WEEK 8: SHOWCASE EVENT!**

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